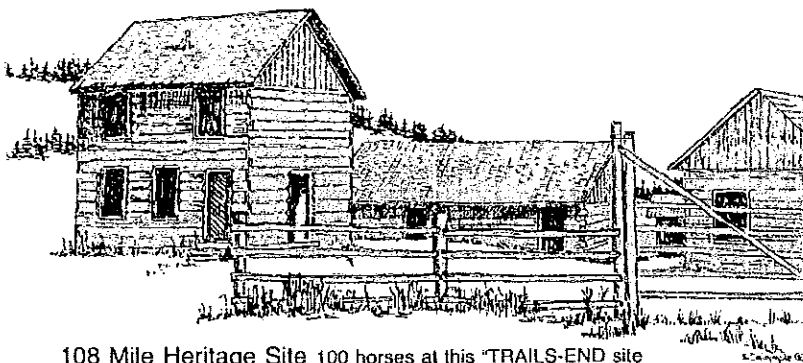


*The*

# Trails End



## ***DINNER MENU***



108 Mile Heritage Site 100 horses at this "TRAILS-END site  
for "Team Changes" on Cariboo Wagon Road.



# The Trails End Dining Room



## APPETIZERS



### *Prawns Ranchero*

Tiger prawns sautéed  
in an Okanagan white wine,  
with feta cheese, sundried tomato  
and garlic reduction

324 calories 19 grams fat

**\$14.95**

### *Roasted Red Pepper Soup*

Garnished with roasted chicken  
and orange cream

106 calories 1 grams fat

**\$6.50**

### *Fresh Tomato & Bocconcini Cheese Salad*

Stacked with fresh basil  
and dressed with a  
white balsamic vinaigrette

143 calories 9.5 grams fat

**\$8.95**

### *Garden Green Salad*

An assortment of mixed greens  
and vegetables served with  
a variety of lowfat dressings

Approximate 62 calories 3 grams fat

or try with our

Creamy Dill House Dressing

218 calories 22 grams fat

**\$5.95**

### *Chicken Peanut Spring Rolls*

A mixture of chicken, shiitake mushrooms,  
fresh ginger and peanuts  
wrapped in rice paper and  
served with an Asian plum sauce

473 calories 8.2 grams fat

**\$9.95**



100 Mile House ..circa 1900 the days "TRAILS-END"  
for passengers on the B.X. Stage Line

### *West Coast Mussels*

Sautéed in a sweet and spicy fresh basil sauce

502 calories 16.8 grams fat

**\$12.95**

### *Caesar Salad*

With homemade garlic croutons,  
freshly grated Asiago cheese  
and The Hills unique dressing

Regular **\$6.50**      Large **\$9.50**

293 calories 28.1 grams fat      434 calories 37.8 grams fat

Our healthier

### *Spa Caesar*

alternative

Regular **\$6.50**      Large **\$9.50**

40 calories 4 grams fat      80 calories 8 grams fat



# The Trails End Dining Room



## ENTRÉES



### *Pistachio Crusted Albacore Tuna Loin Steak*

Pan-seared to medium rare  
and topped with a mustard dill aioli  
*560 calories 24 grams fat*

**\$21.50**

### *Charbroiled Beef Ribeye Steak*

An 8 oz. certified Angus beef steak  
with a dried porcini mushroom and rosemary rub  
served with an Okanagan red wine sauce  
*871 calories 62.8 grams fat*

**\$28.95**

### *Free Range Pan-Seared Breast of Chicken*

Filled with crab, smoked salmon and  
light cream cheese, served with a  
roasted red pepper chipotle sauce  
*661 calories 24.1 grams fat*

**\$25.95**

### *Asian Infused Salmon with Rice Noodle Salad*

Wild salmon filet basted with an  
Asian inspired BBQ sauce, served on a  
sesame and pickled ginger rice noodle salad  
*666 calories 32.5 grams fat*

**\$17.95**

### *Seafood Stirfry Medley*

A mixture of scallops, tiger prawns and  
sautéed assorted vegetables served with a  
sweet garlic sauce on a bed of brown rice  
*379 calories 2.4 grams fat*

**19.95**

### *Jumbo Wild Mushroom Ravioli*

With a roasted red pepper butter sauce,  
toasted pine nuts and  
shaved parmesan cheese  
*626 calories 31.2 gram fat*

**\$18.95**

### *Sicilian Vegetable Quesadilla*

A whole wheat tortilla filled with  
a mixture of artichokes, peppers, olives  
and feta cheese that's baked until crispy  
and served with picante salsa  
*251 calories 10.3 gram fat*

**\$14.50**

### *Free Range Honey Mustard Chicken*

A breast of chicken that is grilled  
until tender moist and served with a  
Dijon honey poppy seed sauce  
*450 calories 5 grams fat*

**\$18.95**

### *Sake & Soy Braised Beef Short Ribs*

Slowly braised in the oven with Gekkeikan sake,  
soy sauce, brown sugar, fresh ginger and garlic  
until the meat falls off the bone  
*1022 calories 64.9 grams fat*

**\$26.95**



105 Mile Ranch House: Moved to the 108 Heritage Site.  
Was "Trails-End" stop-over for teamsters of freight wagons  
on the Cariboo Wagon Road at the turn of the century.

# Kids Kuisine



## Spaghetti

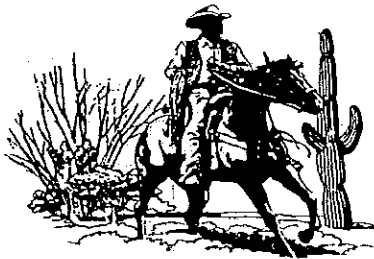
Served with a traditional tomato meat sauce and freshly grated Asiago cheese

\$6.95

## Cheese Pizza

A blend of 3 cheeses tops a Greek style whole-wheat pita bread crust

\$6.95



## Tacos

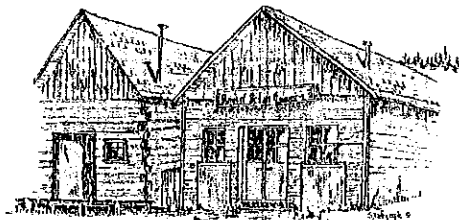
Kids can make their own tacos with all the fixings of taco beef, fresh tomatoes, lettuce, cheese and 2 crispy shells

\$8.95

## Beverages



	Small	Large
Pop.....	\$ 1.50	\$ 1.95
Orange or Apple or Grapefruit Juice.....	\$ 1.50	\$ 2.95
Cranberry or Tomato Juice.....	\$ 1.95	\$ 3.50
2% or Skim Milk.....	\$ 1.50	\$ 2.50
Hot Chocolate.....		\$ 2.50
Hot Apple Cider.....		\$ 1.95
Iced Tea.....		\$ 2.25
Freshly Brewed Coffee.....		\$ 2.50
Assorted Herbal Teas.....		\$ 2.50
Mineral Water (Perrier) 330ml.....		\$ 4.00
Bottled Spring Water 500ml.....		\$ 1.95



Quesnel 1868 - The Bank of B.C. -  
the first bank, a real "TRAILS-END" experience, even today.